

# Team building activities in the Ardennes









Thanks to a wonderful collaboration with our various partners, the Silva Hotel Spa-Balmoral has selected 42 of the best activities offered in the region for exceptional team building and incentive experiences.

# Discover our different themes










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
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# Discover our different themes








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


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# Discover our different themes



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Prices are not listed in this brochure because we contact our partners for each request to secure the best possible rate for you. Please feel free to contact us for a personalized quote.

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# Adventure



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# Adventure

## Road Vintage Experience



Come explore the area around Spa and step back into the Belle Époque aboard colorful vintage cars, all convertibles. You'll discover magnificent rolling landscapes, vast wooded areas, and panoramic views of the High Fens.

Number of Participants: min. 5 - max. 60

Where? In the region

Duration: min. 1 hour

Partner: Road Vintage Experience

## Looking for the Blue Pearl

Discover Spa and its mineral springs on a treasure hunt-themed rally! In teams, equipped with maps and compasses, participants will explore the town, passing through checkpoints where they'll have to complete challenges to gather clues leading to the "blue pearl." This activity is ideal for strengthening team cohesion and spirit in an atmosphere of adventure and discovery.



Number of Participants: min. 10

Where? In the region

Duration: 4 hours

Partner: Adrénaline Events

## Who is the Saboteur?



Dive into the intriguing world of "Who is the Saboteur?", a game where mistrust reigns supreme. Working as a team, collaborate to complete missions while unmasking the traitor hidden among you. Solve puzzles, gather clues, and develop strategies to thwart the saboteur's plans. Suspense and plot twists guaranteed!

Number of Participants: min. 10

Where? At the Silva Hotel Spa-Balmoral

Duration: 1-4 hours

Partner: Ecco La Luna

# Adventure

## Team Robinson

In the spirit of Koh Lanta, you must collaborate to create your team's identity and face off against others in a series of challenges testing strength, speed, cooperation, and problem-solving skills. Every member is essential to overcoming the challenges and leading your camp to victory.



Number of Participants: min. 8

Where? In the region

Duration: One day

Partner:

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## Soapbox Race



This activity is designed to push the limits of creativity and collaboration among all participants. Your team will be tasked with customizing your go-carts and creating a unique racing circuit with guidance from our instructors. Additionally, our jury will evaluate teamwork and communication skills throughout the challenge.

Participants: min. 6

Where? At the Silva Hotel Spa-Balmoral or in the region (depending on the group size)

Duration: 3 hours

Partner. Weventures

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## El Mirador

In "El Mirador," immerse yourself in the world of gold prospectors searching for the lost Mayan city of El Mirador. Forming an expedition team, participants must complete tasks, solve puzzles, and work together to uncover El Mirador's secrets and claim the gold. This game offers an immersive experience blending challenges, communication, and cooperation.



Number of Participants: min. 10

Where? At the Silva Hotel Spa-Balmoral

Duration: 2 hours

# Fun



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# Fun

## Murder Party



Thanks to a wonderful collaboration with our various partners, the Silva Hotel Spa-Balmoral has selected 42 of the best activities offered in the region for exceptional team building and incentive experiences.

Participants: min. 6 - max. 80

Where? At the Silva Hotel Spa-Balmoral

Duration: 1.5 hour - 3 hours

Partner: Weventures

## Detective Mystery

Solve a crime by interrogating suspects! Take your detective's magnifying glass: an investigation unfolds before your eyes. Examine the clues provided and question the suspects played by our actors. There are 3 formats: open investigation; interactive show; investigation trail. Choose from various themes or create a customized Detective Mystery for your company!



Participants: min. 6 - max. 80

Where? At the Silva Hotel Spa-Balmoral

Duration: 1.5 hour - 3 hours

Partner: BeDetectives

## Interactive Blind Test



Take part in a 100% customizable blind test, tailored to your musical preferences! Choose your favorite decades, explore movie soundtracks, challenge your knowledge of Disney or general culture,... For even more fun, challenges will spice up the activity. A guaranteed lively atmosphere for a dynamic and interactive team building experience!

Participants: min. 10

Where? At the Silva Hotel Spa-Balmoral

Duration: 1 hour - 4 hours

Partner: Benoit

# Fun

## Fort Boyard

Challenge your team with interactive and stimulating activities that require collaboration, strategy and quick thinking. Solve puzzles, overcome obstacles and tackle physical challenges under pressure. Are you ready for the challenge?

Participants: min. 6

Where? In the region

Duration: 2 hour - 3 hours

Partner: Weventures



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## Team Dynamics

This activity offers a series of thrilling challenges where each team must combine cooperation, creativity and agility to succeed. Various missions, such as "Minefield" or "Tower of Power," call on everyone's skills for maximum fun and interaction. For an even greater impact, a team coach can accompany the activity, providing personalized guidance before, during and after the challenges.

Participants: min. 10

Where? At the Silva Hotel Spa-Balmoral

Duration: 1 hour - 4 hours

Partenaire: Team Dynamics



# Fun

## Play it Nice, Break the Ice !

Looking to connect people in a simple and enjoyable way? This activity is a great icebreaker. In each round, participants find their team members, work together on a quick puzzle to boost teamwork and engage in conversations on various topics before finding a new team for the next round!

Participants: min. 12

Where? At the Silva Hotel Spa-Balmoral

Duration: 15 minutes - 1 hour

Partner: Lucas Beguin



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## Casino Night



Get swept up in the excitement of casino games without spending a cent! Step into the thrilling world of Las Vegas. By encouraging strategy and idea sharing, this activity fosters team spirit and strengthens bonds between colleagues.

Participants: Flexible number

Where? Silva Hotel Spa-Balmoral or Domaine de Berinzenne

Duration: Flexible

# Gastronomy



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# Gastronomy

## Mixly - Taste the Music



Choose your favorite song and an artificial intelligence will create a unique drink to match your song. A cocktail robot then prepares the personalized drink in 2 seconds. The result? A multisensory experience that allows you to "taste" your favorite music!

Participants: min. 50

Where? At the Silva Hotel Spa-Balmoral

Duration: 4 hours

Partner: Mixly

## Bartender Olympiades

Looking for a team challenge in the form of original Olympics? With Bartender Olympics, you compete in a series of surprising challenges centered around cocktails, wine or beer. These exciting moments energize participants and create a strong bond among teammates.

Participants: min. 10

Where? At the Silva Hotel Spa-Balmoral

Duration: 2 hours - 3 hours

Partner: Ready Steady



## Darcis Workshop



Choose a special Darcis team building experience by discovering the chocolate-making process, participating in hands-on workshops to create your own chocolates, mastering macarons, or learning the basics of pastry making. It's a truly complete and delicious experience!

Participants: min. 8

Where? Darcis Chocolaterie, Verviers (15 min from the hotel)

Duration: 1 hour

Partner: Darcis

# Gastronomy

## Create your Tapas

This activity offers a "Top Chef" experience where your teams create appetizers and a cocktail under the guidance of an expert chef. Groups of 8 to 10 people compete in a friendly culinary competition. The activity includes chefs, ingredients, equipment and aprons, as well as a final tasting of the creations.

Participants: min. 10

Where? At the Silva Hotel Spa-Balmoral

Duration: 2 hours

Partner: Vivacook



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## Beer / Wine Making Challenge



Step into the shoes of a winemaker or brewmaster for a team building experience. You will either create wine blends as a team and then develop marketing strategies for launching your unique cuvée, or, with the Beer Challenge, craft your own beer and compete with your team to win our renowned contest!

Participants: min. 9

Where? At the Silva Hotel Spa-Balmoral

Duration: 1.5 hour - 2 hours

Partner: Ready Steady

# Gastronomy

## Speed Tasting



Looking for an activity that combines relaxation and tasting? Then enjoy Speed Tasting: a fun moment where you take part in various team challenges, such as a quiz, aroma identification and blind tastings, all in a friendly atmosphere.

Participants: min. 6

Where? At the Silva Hotel Spa-Balmoral

Duration: 1 hour

Partner: Hub4Fun

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## Cocktail Workshop

Dive into a creative cocktail workshop where you'll learn to mix flavors and craft unique recipes inspired by the surrounding nature. Using local ingredients and artisanal spirits, this fun and engaging experience blends creativity with local tradition. The session ends with a relaxed tasting, perfect for sharing with colleagues.

Participants : Flexible Number

Where? At the Silva Hotel Spa-Balmoral or at the Domaine de Berinzenne

Duration : Flexible

Partner. Ready Steady



# Original



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# Original

## Urban Explorer



Discover the city in a new way with the Urban Explorer. Armed with smartphones or tablets, participants embark on an adventure filled with challenges, quizzes, photos and videos that guide them through the city streets. This game is customizable to your company's objectives and can even be played in multiple cities simultaneously.

Participants: min. 10

Where? In the city of Spa

Duration: 3 hours

Partner: The Good Time Company

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## Magician

For a unique team building activity, invite a magician to your aperitif! With sleight of hand and illusions, he will create a friendly and interactive atmosphere. The performer mingles with guests, performing acts that spark wonder and encourage interaction among colleagues.

Participants: min. 5

Where? At the Silva Hotel Spa-Balmoral

Duration: 1 hour

Partner: Benoit



## Sensory Casino



The Sensory Casino awakens the player within you. Combining tastings of various products (wine, beer, champagne, chocolate...), entertainment, humor and good cheer, this activity lets you bet and collect chips for an auction full of surprises. Laughter, challenges and luck await!

Participants: min. 12

Where? At the Silva Hotel Spa-Balmoral

Duration: 1 hour - 2 hours

Partner: Ready steady

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# Original

## LEGO® Serious Play

Explore a unique approach to team building with LEGO® Serious Play®. This innovative method engages hands before the mind, encouraging creativity and strengthening team communication. Dive into a LEGO LAB—an inspiring, fun and collaborative workshop for a memorable experience.



Participants: min. 10

Where? At the Silva Hotel Spa-Balmoral

Duration: Half-day

Partner: Matteco

## Smuggling Monks



Dive into history with this orienteering rally following the footsteps of the monks from the Abbey of Stavelot. In teams and accompanied by a donkey, participants will cover 6 to 7 km through the region, equipped with maps and compasses. Along the way, "checkpoints" will offer fun challenges and monastic tasks to strengthen team cohesion and encourage communication.

Participants: min. 15

Where? In the region

Duration: 3 hours

Partner: Adrénaline Events

## Jungle Survival

Dive into an exciting adventure with your team of archaeologists on a mysterious island! After a forced landing in the jungle, you will need to collect objects, overcome challenges and maintain your "health points" to find a legendary artifact with healing powers. Guided by a mobile app, this activity promotes cooperation and team spirit in a captivating survival setting.



Participants: min. 10

Where? At the Silva Hotel Spa-Balmoral

Duration: 2 hours

Partner: The Good Time Company

# Well-Being



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# Well-Being

## Be Mine



In a world where we are constantly distracted by screens and notifications, this workshop helps participants regain their focus. They will learn to create new habits to improve time management, increase productivity and find a balance between online and offline life, leading to better well-being at work.

Participants: min. 5 - max. 20

Where? At the Silva Hotel Spa-Balmoral

Duration: 1.5 hour

Partner: BeAlpha

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## Tai-Chi-Chuan

Looking for relaxation, stress management? Try Tai-Chi-Chuan, a Chinese martial art dating back to the 12th century. This activity will help you relax and regain a calm mind.

Participants: min. 5

Where? At the Silva Hotel Spa-Balmoral

Duration: 1.5 hour

Partner: Michael Wybo



## Forest Detox



This activity offers you a half-day to refresh your body and clear out physical and mental toxins. Enjoy a walk in nature, enhanced with mindfulness elements and detox nutrition tips, followed by a yoga and relaxation session indoors, concluding with a detox soup or green juice tasting.

Participants: min. 5 - max. 20

Where? Forest near the Silva Hotel Spa-Balmoral

Duration: Half-day

Partner: Yoga Office

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# Well-Being

## Body Percussion

In this style of Afro-American dance, you use your own body as a musical instrument. Dance, clap, stomp and create a powerful, rhythmic routine with your team. Have fun while boosting both yourself and the team spirit.

Participants: min. 5

Where? At the Silva Hotel Spa-Balmoral

Duration: 2 hours



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## Laughter Yoga



This fun and rejuvenating activity allows you to release emotions and joy-inducing hormones. A guaranteed happiness and stress-relief effect! Laughter yoga is perfect for team building as it creates a bond between participants, and can even be done before an important team meeting to set a 100% different and more creative atmosphere.

Participants: min. 5 - max. 20







Where? At the Silva Hotel Spa-Balmoral

Duration: 45 minutes - 1.5 hour

Partner: Yoga Office

# Sport



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# Sport

## Ride Discovery



Embark on a nature walk using an electric scooter, an electric bike, or a regular bike. Follow the guides along winding paths through the forest. Dare to take routes ranging from easy to more technical and disconnect to reconnect with nature.

Participants: min. 5

Where? In the region

Duration: From 1 hour

Partner: Spa adventures

## Accrobranche

Discover tree climbing, an adventure in the treetops that combines challenge, adrenaline and teamwork. By crossing suspension bridges, zip lines and aerial obstacles, your colleagues will strengthen their cohesion while pushing their limits. An immersive experience in nature, perfect for developing trust and communication within your team.



Participants: min. 5

Where? In the region

Duration: 2.5 hours - 3 hours

Partner. Spa adventures

## Team Spirit Olympic Games



Unleash your team's competitive spirit and encourage unity with the Team Spirit Olympic Games. This invigorating team building activity (featuring biathlon, archery, baseball, rugby, etc.) is perfect for groups that will collaborate and compete in a variety of exciting challenges inspired by the Olympic Games.

Participants: min. 5

Where? At the Silva Hotel Spa-Balmoral

Duration: 3 hours

Partner: Weventures

# Sport

## Kayaking

Enjoy a kayak ride in the heart of nature. Depending on the season, the descent will be gentle and family-friendly or more dynamic for a sporting experience. Take advantage of this activity to strengthen bonds between participants while discovering the local wildlife and flora in a soothing setting. Whether you're seeking tranquility or adrenaline, this outing promises to be unforgettable!



Participants: min. 5

Where? In the region

Duration: Half-day

Partner: Adrénaline events

## Ardenne Skike



Ardenne Skike offers a cross-rolling activity, combining cross-country skiing and off-road skating. Accessible to everyone, it starts with a guided introduction before heading out on nature trails. A fun and engaging experience, ideal for strengthening team cohesion.

Participants: 5-27

Where? At the Silva Hotel Spa-Balmoral or in the region (depending on the group size)

Duration: 2 hours

Partner: Ardenne Skike

## Paintball

Come experience an exciting paintball game! Equip yourself with your gear and dive into a stimulating game environment where strategy and teamwork are key. Whether you're a novice or an experienced player, this activity will help strengthen your group's cohesion while having fun.



Participants: min. 5

Where? In the region

Duration: Half-day

Partner: Adrénaline events

# Sustainability



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# Sustainability

## Wind Farm



Wind Farm is a team building activity focused on sustainability. Teams must build a wind turbine device to lift a weight 1 meter off the ground. This activity promotes creativity, cooperation, problem-solving and strategic thinking.

Participants: min. 10

Where? At the Silva Hotel Spa-Balmoral

Duration: 2.5 hours

Partner: Ecco La Luna

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## Upcycling / Recycling

Repurpose materials or waste to create something new that is valuable, sustainable and beautiful. Tap into your creativity, showcase your originality and, who knows, you might just create a new piece of furniture or decoration for your office.

Participants: min. 6

Where? At the Silva Hotel Spa-Balmoral

Duration: Half-day



## Beekeeping Session



Put on your full-body suits and dive into the captivating world of beekeeping. This unique experience offers much more than just an introduction to beekeeping. It's an enriching exploration into an amazing world full of fascinating information.

Participants: min. 5 - max. 15

Where? At the Domaine de Bronromme

Duration: 1 hour

Partner: Brasero

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# Sustainability

## Eco Vengers

Eco-Vengers is a team-building activity focused on ecology. The teams, embodying ecological heroes, must solve challenges and puzzles to save the planet in connection with CSR issues. This interactive game encourages collaboration and raises awareness of eco-responsible practices.



Participants: min. 15

Where? At the Silva Hotel Spa-Balmoral

Duration: 1.5 hour - 3.5 hours

Partner: Urban Gaming

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## Clean Up Clash

This activity combines team building, ecology and creativity. Teams engage in an interactive cleaning mission with quizzes and creative challenges around sustainability. While cleaning the environment, participants test their knowledge and capture memories with photos and videos inspired by their experience.



Participants: min. 10

Where? In the region

Duration: 2 hours

Partner: Ecco La Luna

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## Wooden Games

What if you relived the nostalgia of your childhood with wooden games? Come and enjoy great moments of sharing and friendliness around giant wooden games that are simple yet fun. Find around fifty games accessible to all audiences and generations. These games require no energy other than that of the players!



Participants: min. 5

Where? At the Silva Hotel Spa-Balmoral

Duration: min. 1 hour

Partner: Event Box

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# A tailor-made project for your team!

If you have a specific activity in mind or particular needs not included in this brochure, we are ready to adapt to all your requests. Thanks to our partners, we can design unique concepts to perfectly meet your expectations.



# Book now !

To book an activity or discuss tailor-made ideas, feel free to contact us !  
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Let us help you organize a memorable experience, perfectly  
tailored to your team!