



Silva Hotel
Spa-Balmoral | Belgium



OUR TREATMENTS
TO RELAX, NATURALLY

MASSAGES

Subject to availability

Scalp massage 20 min 44 €

Head massage soothes the mind, releases tension, stimulates circulation and provides deep relaxation.

Back massage with scented oil 20 min 44 €

Back massage relaxes muscles, relieves tension, improves circulation and provides deep relaxation.

Leg massage with scented oil 20 min 44 €

The 20-minute leg massage relieves tension and provides an immediate feeling of lightness.

Serenity massage with scented oil 40 min 69 €

Unload the weight you carry on your shoulders every day.
"Combined massage of the scalp, neck, trapezius muscles, shoulders and back"

Escape massage with scented oil 50 min 89 €

Full body massage for deep relaxation of body and mind

HYDRO CARE

Subject to availability

45 €

Bain Niagara 20 min

Cyclical hydro-massage bath scented with essential oils.

→ Cannot be offered as a duo

SCRUB

Subject to availability

Body scrub 20 min 45 €

Break away from your daily routine, enjoy a sweet and enveloping note of orange blossom.

BODY CARE

Subject to availability

Signature Silva 75 min 125 €

Radiate with our sugar scrub followed by a relaxing massage with a delicious fragrance.
"Orange blossom scrub followed by a full body massage"

Orange blossom back treatment 50 min 89 €

A purifying and relaxing treatment that cleanses, exfoliates, and relaxes the back. Immediate well-being
→ Cannot be offered as a duo treatment

FACIAL TREATMENTS

Subject to availability

Radiance facial treatment 30 min 45 €

An express treatment that revives radiance, smooths the complexion, and hydrates the skin for a luminous face → Cannot be offered as a duo

Gentle facial treatment with green tea, 50 min 89 €

Indulge your skin in a blissful escape of gentle care and pure relaxation.

→ Cannot be offered as a duo



BEAUTY DAY

INCLUDES: 199 €

- Silva Signature Treatment - 75 min
- Gentle facial treatment with green tea - 50 min
- Access to the wellness center from 10am to 6pm
- Bathrobe + Slippers + Bath towel
- Unlimited water throughout the day



DISCOVERY DAY

INCLUDES: 119 €

- Bain Niagara - 20 min
- Escape Massage with scented oil - 50 min
- Access to the wellness center from 10am to 6pm
- Bathrobe + Slippers + Bath towel
- Unlimited water throughout the day



WELLNESS CENTER

INCLUDES:

Open from 7am to 8pm

- Heated indoor swimming pool
- Hammam
- Sauna
- Outdoor Jacuzzi
- Relaxation room
- Equipped fitness room

Wellness area (sauna, hammam, jacuzzi, fitness) reserved for those over 16 years old

Children's pool opening hours : (- 14 years old):
7:00 a.m - 10:00 a.m and 5:00 p.m - 8:00 p.m



SUBSCRIPTIONS / RENTALS

Hotel customer access For 3 hours (reservations required)	15 €
External customer access For the 3 hours	35 €
Wellness center membership Monthly subscription	165 €
Swimming pool subscription Monthly subscription	99 €
Bathrobe	7 €
Slippers	5 €

Thanks for

- Please arrive 10 minutes early for your wellness appointment (any lateness will be deducted from your massage/treatment time).
- Wear sportswear in the gym
- Sit on a towel in the sauna
- Please cancel your treatment at least 24 hours in advance, otherwise we will be obliged to charge you 100% of the cost.