

Team building activities in the Ardennes



Thanks to a wonderful **collaboration** with our various partners, the Silva Hotel Spa-Balmoral has selected **42 of the best activities** offered in the region for exceptional **team building** and **incentive** experiences.

Discover our various themes



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Discover our various themes



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Prices are not listed in this brochure because we contact our partners for each request to secure the **best rate** for you.
Feel free to contact us for a tailored offer.

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Adventure



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Adventure

Road Vintage Experience



Come explore the surroundings of Spa and step back in time aboard **colorful vintage cars**, all convertibles. You will discover the **stunning rolling landscapes**, vast wooded areas, as well as the panoramic view of the Hautes Fagnes.

Participants: min. 5 – max. 60

Where? In the region

Duration: From 1 hour

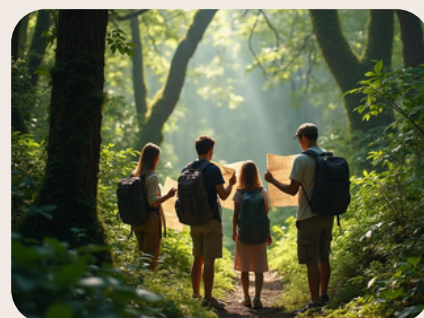
Looking for the Blue Pearl

Embark on a **discovery of Spa and its mineral springs** with a **treasure hunt rally**! In teams, with maps and compasses, participants will explore the town, stopping at key points where they must complete **challenges** to gather clues leading to the "blue pearl." This activity is perfect for strengthening team cohesion and spirit in an atmosphere of adventure and discovery.

Participants: min. 10

Where? In the region

Duration: 4 hours



Who is the Saboteur?



Dive into the intriguing world of "Who is the Saboteur?", a game where mistrust reigns. In teams, collaborate to **complete missions** while **uncovering the traitor** hidden among you. Solve puzzles, gather clues and devise strategies to **thwart the saboteur's plans**. Suspense and twists guaranteed!

Participants: min. 10

Where? At the Silva Hotel Spa-Balmoral

Duration: 1 hour – 4 hours

Adventure

Team Robinson

In the spirit of Koh Lanta, you must collaborate to create your team's identity and face off against others in a series of **challenges, testing strength, speed, cooperation and problem-solving**. Each member is essential to overcoming the challenges and leading your team to victory.

Participants: min. 8

Where? In the region

Duration: One day



Spa-Francorchamps Circuit Quest



Explore the legendary Spa-Francorchamps circuit in a unique and exciting way with this **orienteering walk**. Solve **challenges** related to racing, including the Pit Stop Challenge (changing the tires of a race car as quickly as possible) or the Mini Drag Race (a pedal kart race over a short distance). A memorable experience to discover motorsport while creating lasting memories.

Participants: min. 5

Where? At the Spa-Francorchamps circuit

Duration: Half a day

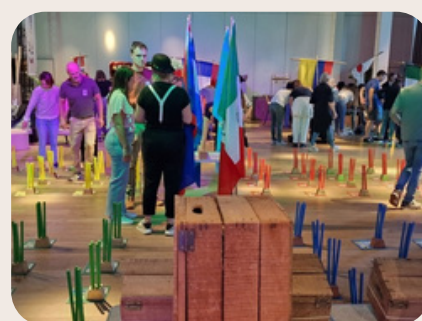
El Mirador

In "El Mirador," dive into the world of treasure hunters searching for the lost Maya city of El Mirador. Forming an expedition team, participants must **complete tasks, solve riddles and work together** to uncover the secrets of El Mirador and claim the gold. This game offers an immersive experience combining challenges, communication and cooperation.

Participants: min. 10

Where? At the Silva Hotel Spa-Balmoral

Duration: 2 hours



Fun



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Murder Party



Find out who the culprit is among you! You will play the **suspects in a mysterious crime**, with a technical sheet outlining your alibis and motives. A **professional actor/detective** will assist you in solving the puzzle. Choose from various themes or create a **customized** Murder Party for your company!

Participants: min. 6 – max. 80

Where? At the Silva Hotel Spa-Balmoral

Duration: 1.5 hour – 3 hours

Detective Mystery

Solve a crime by interrogating suspects! Take your detective's magnifying glass: an investigation unfolds before your eyes. Examine the clues provided and question the **suspects played by our actors**. There are 3 formats: open investigation; interactive show; investigation trail. Choose from various themes or create a **customized** Detective Mystery for your company!

Participants: min. 6 – max. 80

Where? At the Silva Hotel Spa-Balmoral

Duration: 1.5 hour – 3 hours



Interactive Blind Test



Take part in a **100% customizable blind test**, tailored to your musical preferences! Choose your favorite decades, explore movie soundtracks, challenge your knowledge of Disney or general culture,... For even more fun, **challenges** will spice up the activity. A guaranteed lively atmosphere for a dynamic and interactive team building experience!

Participants: min. 10

Where? At the Silva Hotel Spa-Balmoral

Duration: 1 hour – 4 hours



Fort Boyard

Challenge your team with interactive and stimulating activities that require collaboration, strategy and quick thinking. **Solve puzzles, overcome obstacles and tackle physical challenges** under pressure. Are you ready for the challenge?

Participants: min. 6

Where? In the region

Duration: 2 hour - 3 hours



Team Dynamics



This activity offers a series of thrilling challenges where each team must **combine cooperation, creativity and agility** to succeed. Various missions, such as "Minefield" or "Tower of Power," call on everyone's skills for maximum fun and interaction. For an even greater impact, a **team coach** can accompany the activity, providing personalized guidance before, during and after the challenges.

Participants: min. 10

Where? At the Silva Hotel Spa-Balmoral

Duration: 1 hour - 4 hours

Fun

Play it Nice, Break the Ice !

Looking to **connect people** in a simple and enjoyable way? This activity is a great icebreaker. In each round, participants find their team members, work together on a **quick puzzle** to boost teamwork and engage in conversations on various topics before finding a new team for the next round!

Participants: min. 12

Where? At the Silva Hotel Spa-Balmoral

Duration: 15 minutes - 1 hour



Casino Night



Get swept up in the excitement of casino games without spending a cent! Step into the thrilling world of Las Vegas. By encouraging strategy and idea sharing, this activity fosters team spirit and strengthens bonds between colleagues.

Participants: Flexible number

Where? Silva Hotel Spa-Balmoral or Domaine de Berinzenne

Duration: Flexible

Gastronomy



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Mixly – Taste the Music



Choose your **favorite song** and an artificial intelligence will create a unique drink to match your song. A **cocktail robot** then prepares the personalized drink in 2 seconds. The result? A **multisensory experience** that allows you to **"taste" your favorite music!**

Participants: min. 50

Where? At the Silva Hotel Spa-Balmoral

Duration: 4 hours

Bartender Olympics

Looking for a team challenge in the form of original Olympics? With Bartender Olympics, you compete in a series of **surprising challenges centered around cocktails, wine or beer**. These exciting moments energize participants and create a strong bond among teammates.

Participants: min. 10

Where? At the Silva Hotel Spa-Balmoral

Duration: 2 hours – 3 hours



Darcis Workshop



Choose a special Darcis team building experience by **discovering the chocolate-making process**, participating in hands-on workshops to **create your own chocolates**, mastering macarons, or learning the basics of pastry making. It's a truly complete and delicious experience!

Participants: min. 8

Where? Darcis Chocolaterie, Verviers (15 min from the hotel)

Duration: 1 hour

Gastronomy

Create your Tapas

This activity offers a "Top Chef" experience where your teams **create appetizers and a cocktail** under the guidance of an expert chef. Groups of 8 to 10 people compete in a friendly **culinary competition**. The activity includes chefs, ingredients, equipment and aprons, as well as a **final tasting** of the creations.

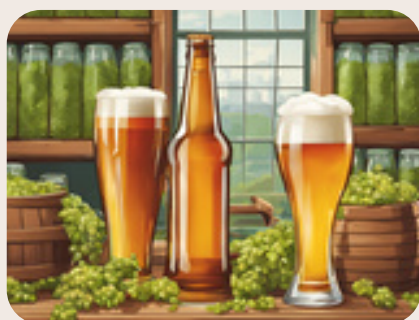
Participants: min. 10

Where? At the Silva Hotel Spa-Balmoral

Duration: 2 hours



Beer / Wine Making Challenge



Step into the shoes of a winemaker or brewmaster for a team building experience. You will either **create wine blends** as a team and then develop marketing strategies for launching your unique cuvée, or, with the Beer Challenge, **craft your own beer** and compete with your team to win our renowned contest!

Participants: min. 9

Where? At the Silva Hotel Spa-Balmoral

Duration: 1.5 hour – 2 hours

Gastronomy

Speed Tasting



Looking for an activity that combines **relaxation and tasting**? Then enjoy Speed Tasting: a fun moment where you take part in various **team challenges, such as a quiz, aroma identification and blind tastings**, all in a friendly atmosphere.

Participants: min. 6

Where? At the Silva Hotel Spa-Balmoral

Duration: 1 hour

Cocktail Workshop

Dive into a creative cocktail workshop where you'll learn to mix flavors and craft **unique recipes** inspired by the surrounding nature. Using **local ingredients** and **artisanal spirits**, this fun and engaging experience blends creativity with local tradition. The session ends with a relaxed tasting, perfect for sharing with colleagues.

Participants : Flexible Number

Where? At the Silva Hotel Spa-Balmoral or at the Domaine de Berinzenne

Duration : Flexible



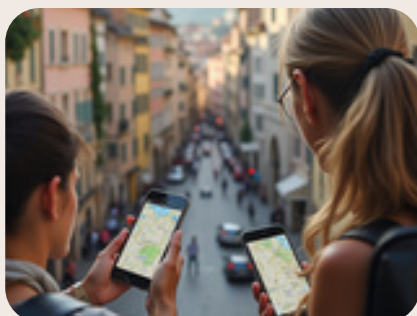
Original



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Original

Urban Explorer



Discover the city in a new way with the Urban Explorer. Armed with smartphones or tablets, participants embark on an adventure filled with **challenges, quizzes, photos and videos** that guide them through the city streets. This game is **customizable** to your company's objectives and can even be played in multiple cities simultaneously.

Participants: min. 10

Where? In the city of Spa

Duration: 3 hours

Magician

For a unique team building activity, invite a magician to your aperitif! With **sleight of hand and illusions**, he will create a friendly and **interactive atmosphere**. The performer mingles with guests, performing acts that **spark wonder** and encourage interaction among colleagues.

Participants: min. 5

Where? At the Silva Hotel Spa-Balmoral

Duration: 1 hour



Sensory Casino



The Sensory Casino awakens the player within you. Combining **tastings of various products** (wine, beer, champagne, chocolate...), entertainment, humor and good cheer, this activity lets you **bet and collect chips** for an auction full of surprises. Laughter, challenges and luck await!

Participants: min. 12

Where? At the Silva Hotel Spa-Balmoral

Duration: 1 hour - 2 hours

Original

LEGO® Serious Play®

Explore a unique approach to team building with LEGO® Serious Play®. This innovative method engages **hands before the mind**, encouraging **creativity** and strengthening team communication. Dive into a LEGO LAB—an inspiring, fun and collaborative workshop for a memorable experience.

Participants: min. 10

Where? At the Silva Hotel Spa-Balmoral

Duration: Half-day



Smuggling Monks



Dive into history with this **orienteering rally** following the footsteps of the monks from the Abbey of Stavelot. In teams and accompanied by a donkey, participants will cover 6 to 7 km through the region, equipped with maps and compasses. Along the way, "checkpoints" will offer **fun challenges and monastic tasks** to strengthen team cohesion and encourage communication.

Participants: min. 15

Where? In the region

Duration: 3 hours

Jungle Survival

Dive into an exciting adventure with your team of archaeologists on a mysterious island! After a forced landing in the jungle, you will need to **collect objects, overcome challenges and maintain your "health points"** to find a legendary artifact with healing powers. Guided by a mobile app, this activity promotes cooperation and team spirit in a captivating survival setting.

Participants: min. 10

Where? At the Silva Hotel Spa-Balmoral

Duration: 2 hours



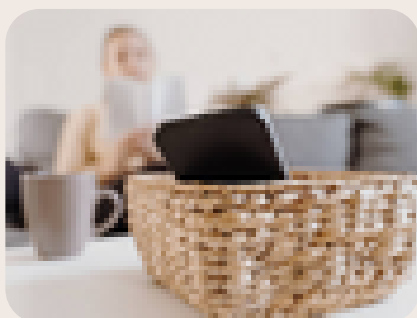
Well-Being



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 Tai-Chi-Chuan	20
 Self-Made cosmetics	20
 Body percussion	21
 Laughter yoga	21
 Forest detox	21

Well-Being

Digital Detox



In a world where we are constantly distracted by screens and notifications, this workshop helps participants **regain their focus**. They will learn to create new habits to **improve time management, increase productivity** and find a balance between online and offline life, leading to **better well-being at work**.

Participants: min. 5 – max. 20

Where? At the Silva Hotel Spa-Balmoral

Duration: 1.5 hour

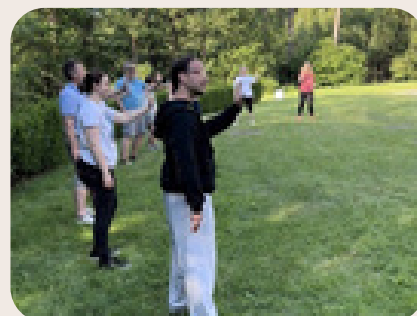
Tai-Chi-Chuan

Looking for **relaxation, stress management**? Try Tai-Chi-Chuan, a **Chinese martial art** dating back to the 12th century. This activity will help you relax and regain a calm mind.

Participants: min. 5

Where? At the Silva Hotel Spa-Balmoral

Duration: 1.5 hour



Self-Made Cosmetics



Guided by an herbalist, you will **create your own natural skincare products** tailored to your skin and preferences. This workshop combines fun, creativity and sustainability awareness. You will learn about the properties of different ingredients before **crafting 1 to 3 personalized products**, such as solid shampoo, exfoliating scrubs, or deodorant. Of course, you will take home your handmade creations!

Participants: min. 5

Where? At the Silva Hotel Spa-Balmoral

Duration: Half-day

Well-Being

Body Percussion

In this style of Afro-American dance, you use your **own body as a musical instrument**. Dance, clap, stomp and create a powerful, rhythmic routine with your team. Have fun while boosting both yourself and the team spirit.

Participants: min. 5

Where? At the Silva Hotel Spa-Balmoral

Duration: 2 hours



Laughter Yoga



This fun and rejuvenating activity allows you to **release emotions and joy-inducing hormones**. A guaranteed happiness and **stress-relief effect!** Laughter yoga is perfect for team building as it creates a bond between participants, and can even be done before an important team meeting to set a 100% different and more creative atmosphere.

Participants: min. 5 - max. 20

Where? At the Silva Hotel Spa-Balmoral

Duration: 45 minutes - 1.5 hour

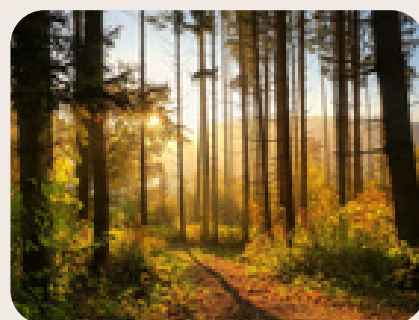
Forest Detox

This activity offers you a half-day to refresh your body and **clear out physical and mental toxins**. Enjoy a walk in nature, enhanced with mindfulness elements and detox nutrition tips, followed by a **yoga and relaxation session** indoors, concluding with a detox soup or green juice tasting.

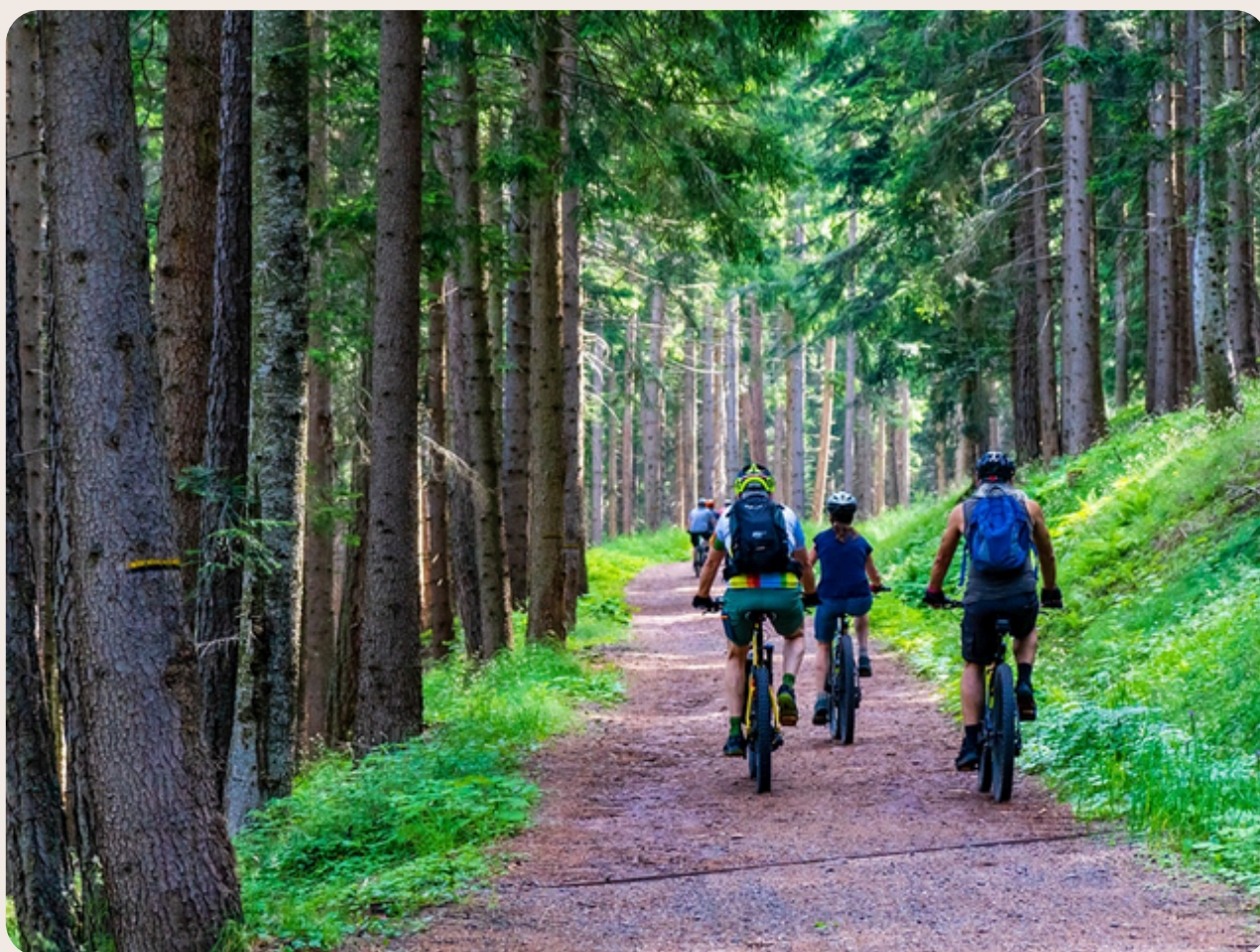
Participants: min. 5 - max. 20

Where? Forest near the Silva Hotel Spa-Balmoral

Duration: Half-day



Sport



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 Kayaking	24
 Soapbox Race	24
 Paintball	24

Sport

Ride Discovery



Embark on a nature walk using an **electric scooter, an electric bike, or a regular bike**. Follow the guides along winding paths through the forest. Dare to take routes ranging from easy to more technical and disconnect to reconnect with nature.

Participants: min. 5

Where? In the region

Duration: From 1 hour

Accrobranche

Discover tree climbing, an adventure in the treetops that combines **challenge, adrenaline and teamwork**. By crossing suspension bridges, zip lines and aerial obstacles, your colleagues will strengthen their cohesion while **pushing their limits**. An immersive experience in nature, perfect for developing trust and communication within your team.



Participants: min. 5

Where? In the region

Duration: 2.5 hours – 3 hours

Team Spirit Olympic Games



Unleash your team's competitive spirit and encourage unity with the Team Spirit Olympic Games. This invigorating team building activity (featuring biathlon, archery, baseball, rugby, etc.) is perfect for groups that will **collaborate and compete in a variety of exciting challenges** inspired by the Olympic Games.

Participants: min. 5

Where? At the Silva Hotel Spa-Balmoral

Duration: 3 hours

Sport

Kayak

Enjoy a kayak ride in the heart of nature. Depending on the season, the descent will be **gentle** and family-friendly or **more dynamic** for a sporting experience. Take advantage of this activity to strengthen bonds between participants while **discovering the local wildlife and flora** in a soothing setting. Whether you're seeking tranquility or adrenaline, this outing promises to be unforgettable!

Participants: min. 5

Where? In the region

Duration: Half-day



Soapbox Race



This activity is designed to push the limits of **creativity and collaboration** among all participants. Your team will be tasked with **customizing your go-carts and creating a unique racing circuit** with guidance from our instructors. Additionally, our jury will evaluate teamwork and communication skills throughout the challenge.

Participants: min. 6

Where? At the Silva Hotel Spa-Balmoral or in the region (depending on the group size)

Duration: 3 hours

Paintball

Come experience an exciting paintball game! Equip yourself with your gear and dive into a stimulating game environment where **strategy and teamwork are key**. Whether you're a novice or an experienced player, this activity will help strengthen your group's cohesion while having fun.

Participants: min. 5

Where? In the region

Duration: Half-day



Sustainability



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 Beekeeping Session	26
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 Clean Up Clash	27
 Wooden Games	27

Sustainability

Wind Farm



Wind Farm is a team building activity focused on sustainability. Teams must **build a wind turbine device to lift a weight 1 meter off the ground**. This activity promotes creativity, cooperation, problem-solving and strategic thinking.

Participants: min. 10

Where? At the Silva Hotel Spa-Balmoral

Duration: 2.5 hours

Upcycling / Recycling

Repurpose **materials or waste to create something new** that is valuable, sustainable and beautiful. Tap into your **creativity**, showcase your originality and, who knows, you might just create a new piece of furniture or decoration for your office.

Participants: min. 6

Where? At the Silva Hotel Spa-Balmoral

Duration: Half-day



Beekeeping Session



Put on your full-body suits and **dive into the captivating world of beekeeping**. This unique experience offers much more than just an introduction to beekeeping. It's an enriching exploration into an amazing world full of fascinating information.

Participants: min. 5 – max. 15

Where? At the Domaine de Bronromme

Duration: 1 hour

Sustainability

Eco Vengers

Eco-Vengers is a team-building activity focused on ecology. The teams, embodying **ecological heroes**, must **solve challenges and puzzles to save the planet** in connection with CSR issues. This interactive game encourages collaboration and raises awareness of eco-responsible practices.

Participants: min. 15

Where? At the Silva Hotel Spa-Balmoral

Duration: 1.5 hour – 3.5 hours



Clean Up Clash



This activity combines team building, ecology and creativity. Teams engage in an **interactive cleaning mission with quizzes and creative challenges** around sustainability. While cleaning the environment, participants test their knowledge and capture memories with photos and videos inspired by their experience.

Participants: min. 10

Where? In the region

Duration: 2 hours

Wooden Games

What if you relived the **nostalgia** of your childhood with wooden games? Come and enjoy great moments of **sharing and friendliness** around giant wooden games that are simple yet fun. Find around **fifty games** accessible to all audiences and generations. These games require no energy other than that of the players!

Participants: min. 5

Where? At the Silva Hotel Spa-Balmoral

Duration: min. 1 hour



A tailor-made project for your team!

If you have a **specific activity in mind** or particular needs not included in this brochure, we are ready to adapt to all your requests. Thanks to our partners, we can **design unique concepts** to perfectly meet your expectations.



Book now !

To **book** an activity or discuss tailor-made ideas, feel free to **contact us** !
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Let us help you organize a memorable experience, perfectly
tailored to your team!