SILVA Wellness: Treatments

To relax, naturally

MASSAGES

Subject to availability

Head massage 20 min

39 €

Discover this treatment that lets you really let go. "Neck, trapezius, shoulder and skull massage"

Silva Signature 75 min

Be radiant with our sweet scrub followed by a relaxing massage with a gournet fragrance.

"Arabia scrub with orange blossom followed by a full body massage"

Wrap yourself in softness and give your skin all the benefits

"Body scrub followed by a nourishing shea butter body

BODY TREATMENT

Subject to availability

Back or legs massage 20 min

39 €

For an incomparable feeling of lightness! Enjoy a muscle-relaxing massage and draining of the legs, followed by the essential back massage.

"Back or legs massage"

Serenity massage 40 min

69 €

Relieve yourself of the weight you carry on your shoulders every day.

"Combined massage of the skull, neck, trapezius, shoulders and back"

Escape massage 50 min

79 €

Get away from it all with this deeply relaxing massage for body and mind.

"Full body massage"

HYDRO TREATMENT

Subject to availability

Niagara bath 20 min

39 €

Cyclic hydro-massage bath scented with essential oils.

BODY SCRUB

Subject to availability

Arabia body scrub 20 min

Take a break from your daily routine and enjoy a sweet, enveloping note of orange blossom.

45€

• Cannot be offered as a duo

Cannot be offered as a duo Back care 30 min

wrap.

Self care 50 min

45€

99 €

79 €

Treat your back to a moment of lightness.

"Cleansing + exfoliation + massage + purifying mask + moisturising cream".

· Cannot be offered as a duo

FACIAL TREATMENT

Subject to availability

Radiant Complexion with Aloe Vera and Fermented Aloe Vera 50 min

89 €

Treat your skin to the purity of Aloe Vera - freshness, softness, a natural glow, and intense hydration.

For a radiant, beautiful complexion. The LR ALOE VIA facial care and cleansing routine helps maintain your skin's natural balance. High-quality ingredients like organic olive extract and pure aloe vera gel support the skin's moisture levels and provide deep hydration.

Tailor-Made LR Facial - Zeitgard 50 min

79€

Timeless Facial: Stop time, reveal eternity.

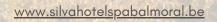
The Zeitgard PRO is a revolutionary device that brings perfect balance to your skin by offering a personalized treatment tailored to its specific needs: hydration, detox, anti-aging, and purification.

Thanks to its unique oscillations, it provides deep pore cleansing combined with intense detoxification. In addition, the integrated ultrasound technology delivers advanced anti-aging care for a radiant, youthful complexion.

Cannot be booked as a duo treatment.



33 Route de Balmoral 4900 Spa Belgique





SILVA WELLNESS

To relax, naturally



BEAUTY DAY

| NCLU | JDES: | 165 \$ |
|------|-------|--------|
| | | |

- Silva Signature Care 75 min
- Tailor-made treatment LR Zeitgard 50 min
- Access to the wellness centre from 10am to 6pm
- Bathrobe + Slippers + Towel
- Unlimited water throughout the day



WELLNESS CENTER

Open from 8am to 8pm

Includes:

- Heated indoor swimming pool
- Hammam
- Sauna
- Outdoor Jacuzzi
- Relaxation room
- Fully-equipped fitness room
- Sauna and steam room for over-16s only
- Opening hours for children (under 14):
 7am 10am and 6pm 8pm



DISCOVERY DAY

INCLUDES: 119 €

- Niagara Bath 20 min
- Massage Évasion 50 min
- Access to the wellness centre from 10am to 6pm
- Bathrobe + Slippers + Towel
- Unlimited water all day long



SUBSCRIPTIONS/RENTING

| Hotel guest access For the day | 13 € |
|--|-------|
| External customer access For 3h | 35 € |
| Wellness centre membership Monthly subscription | 165 € |
| Swimming pool subscription Monthly subscription | 99 € |
| Bathrobe | 7€ |
| Slippers | 5€ |

Please make sure to:

- Arrive 10 minutes early in our wellness area (any delay will be deducted from your massage/treatment time)
- Wear sportswear in the fitness room
- · Sit on a towel in the sauna
- Cancel your treatments at least 24 hours in advance, failing which we will be obliged to charge you 100% of the treatment cost





