

2024

# Team building activities in the Ardennes



Thanks to a great **collaboration** with our different partners, Silva Hotel Spa-Balmoral has selected 45 of the best activities in the region, for great **Team Building** and **incentives**.

# TEAM BUILDING ACTIVITIES

## ADVENTURE



SURVIVAL CHALLENGE  
IN & OUT : ESCAPE ROOM  
E-SCOOTER DISCOVERY  
RIDE DISCOVERY  
TREETOP ADVENTURE COURSE  
EL MIRADOR

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## FUN



BE DETECTIVES  
SOAPBOX RACE  
FUN SURVIVAL  
QUEST FOR THE SPA-FRANCORCHAMPS CIRCUIT  
TEAM ROBINSON  
REMOTE TEAMBUILDING EXPERIENCE  
BARTENDER OLYMPIADS  
TASTING WALK  
FORT BOYARD

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## GASTRONOMY



COCKTAILS WORKSHOP  
DISCOVERING BEAN TO BAR  
DARCIS WORKSHOP  
SPIRIT DRINKS  
BEER-WINE MAKING CHALLENGE  
SPEED TASTING

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# TEAM BUILDING ACTIVITIES

## ORIGINAL



PAINTBALL  
EINSTEIN & OFFICE BOX  
SENSORY CASINO  
LEGO® SERIOUS PLAY®  
SMUGGLING MONKS  
MURDER PARTY

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## WELLNESS



BE COOL  
TAI-CHI-CHUAN  
SELF-MADE COSMETICS  
BODY PERCUSSION  
LAUGHTER YOGA  
FOREST DETOX

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## SPORT



RAFTING  
MOUNTAIN-BIKE  
TEAM SPIRIT OLYMPIC GAMES  
KAYAK  
CLIMBING / RAPPELLING  
CAVING

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# TEAM BUILDING ACTIVITIES

## *DURABILITY*



WIND FARM  
UPCYCLING / RECYCLING  
BEEKEEPING SESSION  
TEAM MARAICHÈRE  
CLEAN UP CLASH  
WOODEN GAMES

Prices are not mentioned in this brochure because we contact our partners on each request to get you the best price. Do not hesitate to contact us for a customised offer.

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2024

# Adventure



- Survival Challenge
- In & Out : Escape Room
- E-Scooter Discovery
- Ride Discovery
- Treetop Adventure Course
- El Mirador



# ADVENTURE

## SURVIVAL CHALLENGE



Looking for adventure and challenge? Choose an immersive team-building experience focused on survival, with an emphasis on communication and listening. Participants engage in a variety of survival activities, working together to improve their situation and ensure their survival. A stimulating challenge that promotes team cohesion and the development of essential skills.

No. Participants: min. 10

Where? In the area

Duration: Half day or whole day

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## IN & OUT : ESCAPE ROOM



The most communicative activity that promotes teamwork and trust between colleagues. Test your ability to work together and complete this challenge, which is quite different from the ones you normally encounter in the workplace!

No. Participants: min. 6

Where? At Silva Hotel Spa-Balmoral or in the area

Duration: 1 h 30 - 2 h

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## E-SCOOTER DISCOVERY



Let's go for a superb "off-road" discovery of the Spa-Francorchamps circuit: steep paths for a 100% Adrenaline moment on 2 wheels. As part of the "Dirty at Spa Francorchamps" programme, E-Scooter Discovery can be combined with other activities such as the Paddock Backstage Tour or the Pit Stop.

No. Participants: min. 5

Where? At the Spa-Francorchamps circuit

Duration: 1 h

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# ADVENTURE

## RIDE DISCOVERY



Get on a two-wheeler and take a ride through the countryside for over 2 hours. Follow the guides on winding paths through the forests. Dare to ride routes ranging from the very easy to the more technical and disconnect to reconnect with nature. A dose of sport and challenge that will give you a boost and put a smile on your face.

No. Participants: min. 5

Where? In the area

Duration: 2 h

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## TREETOP ADVENTURE COURSE



Do you want to be amazed by nature and discover unique sensations? This activity is perfect for enjoying nature to the full and discovering the canopy of the Ardennes forests. Tree Climbing is a sporting activity requiring a little physical effort but accessible to all.

No. Participants: min. 5

Where? In the area

Duration: 2 h 30 - 3 h

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## EL MIRADOR



In "El Mirador", immerse yourself in the world of gold diggers searching for the lost Mayan city of El Mirador. Forming an expedition team in the Guatemalan jungle, participants must complete tasks, solve puzzles and work together to reveal the secrets of El Mirador and win the gold. This game offers an immersive experience combining challenges, communication and cooperation.

No. Participants: min. 10

Where? At Silva Hotel Spa-Balmoral

Duration: 2 h

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2024

*Fun*



- Be Detectives
- Soap Box Race
- Fun Survival
- Quest for the Spa-Francorchamps Circuit
- Team Robinson
- Remote Teambuilding Experience
- Bartender Olympiads
- Tasting Walk
- Fort Boyard



# FUN

## BE DETECTIVES



Be Detectives offers three original team-building activities that put participants in the shoes of a detective. "Murder Party", "Murder Mystery" and "Enquêtes" are unique activities led by a team of experienced artists and actors, offering not only an entertaining and collaborative approach to team building but also reinforcing communication and teamwork.

No. Participants: min. 6

Where? At Silva Hotel Spa-Balmoral

Duration: 2 h - 3 h

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## SOAP BOX RACE



This exciting activity is designed to push the limits of creativity and collaboration between all participants. Your team will be responsible for customizing your go-cars and creating a unique racing circuit with guidance from our instructors. What's more, our panel of judges will also assess your team's teamwork and communication skills throughout the challenge.

No. Participants: min. 6

Where? At Silva Hotel Spa-Balmoral (depending on group size)

Duration: 3 h

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## FUN SURVIVAL



You're about to be plunged into a true survival scenario worthy of the best movies. It's your survival situation! It's up to you and your team to find the solution that will ensure your group's survival. There are no rules other than communication between all group members, identifying talents, listening to each other... in short, a great brainstorming tool for the community.

No. Participants: min. 9 - max. 50

Where? In the area

Duration: Half day

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# FUN

## QUEST FOR THE SPA-FRANCORCHAMPS CIRCUIT



Explore the legendary Spa-Francorchamps circuit in a unique and exciting way with this orienteering ride. Teams use a mobile app to solve race challenges, including the Pit Stop Challenge (changing a race car's tires as quickly as possible) and the Mini Drag Race (a short-distance pedal go-kart race). Located in the Ardennes, this emblematic circuit offers an exceptional setting. A memorable experience to discover motorsport while creating lasting memories.

No. Participants: min. 5

Where? At the Spa-Francorchamps circuit

Duration: Half day

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## TEAM ROBINSON



Are you passionate about Koh-Lanta, adventure and challenges? Then "Team Robinson" is for you! You start on an island at dawn, where you create an identity, a camp and carry out a series of challenges that will highlight the importance of each camp member.

No. Participants: min. 8

Where? In the area

Duration: One day

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## REMOTE TEAMBUILDING EXPERIENCE



Each participant receives an envelope containing various questions, props and puzzle pieces so that each one holds a piece of the answer to each task. Each player is therefore essential to the team's success and must actively participate in order to move the team forward. Solve as many tasks as you can and compete with your colleagues!

No. Participants: min. 5

Where? At Silva Hotel Spa-Balmoral

Duration: 1 h 30

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# FUN

## BARTENDER OLYMPIADS



If you're looking for an experience that combines walking and tasting, this is the activity for you! You'll follow an enthusiastic guide who will take you through the various stages of (re)discovering the pleasures of tasting. You'll follow an enthusiastic guide who will take you through the various stages of (re)discovering the pleasures of tasting.

No. Participants: min. 10

Where? At Silva Hotel Spa-Balmoral

Duration: 2 h – 3 h

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## TASTING WALK



Would you like to combine a walk with a tasting? Then, this activity is for you! You will follow a passionate guide who will take you through different stages to (re)discover the pleasures of tasting. He or she will take you on a journey full of tasting challenges and give you the keys to becoming a good taster.

No. Participants: min. 6

Where? In the area

Duration: 2 h – 3 h

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## FORT BOYARD



Challenge your team with stimulating, interactive activities requiring collaboration, strategy and quick thinking. Solve puzzles, overcome obstacles and meet physical challenges under pressure. Activities include giant web navigation (moving around a giant web without touching the wires), obstacle courses, challenges (relay races, identifying objects by touch, moving around in the dark,...) and more, strengthening team cohesion. Are you ready for the challenge?

No. Participants: min. 6

Where? In the area

Duration: 2 h – 3 h

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2024

# Gastronomy



- Cocktails Workshop
- Discovering Bean to Bar
- Darcis Workshop
- Spirit Drinks
- Beer / Wine Making Challenge
- Speed Tasting



# GASTRONOMY

## COCKTAIL WORKSHOP



Would you like to experience a moment of sharing and exchange in the form of a workshop? The Cocktails Workshop is the experience where all your senses are awakened to learn and appropriate the techniques of professionals. First you learn, then you apply, creating your own cocktail based on your company's identity and values!

No. Participants: min. 5

Where? At Silva Hotel Spa-Balmoral

Duration: 2 h

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## DISCOVERING BEAN TO BAR



From growing the cacao tree to processing the cocoa beans, Chef Darcis will be sharing all his secrets about chocolate and the chocolate-making process.

No. Participants: min. 8

Where? At Darcis Chocolate Shop, Verviers (15 min from the hotel)

Duration: 1 h

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## DARCIS WORKSHOP



Opt for a special Darcis Team Building by discovering the chocolate-making process, taking part in practical workshops to create your own chocolates, master macaroons or learn the basics of pastry-making. It's a truly complete gourmet experience!

No. Participants: min. 8

Where? At Darcis Chocolate Shop, Verviers (15 min from the hotel)

Duration: 1 h

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# GASTRONOMY

## SPIRIT DRINKS



Immerse yourself in a sensory experience with spirits tastings. Hosted by passionate experts, these intimate sessions will introduce you to exceptional products, selected for their quality and history. With 6 to 8 carefully selected references, each tasting offers an immersion into the fascinating world of spirits. Explore the manufacturing secrets, history and origins of these beverages, while stimulating your taste buds with comparative tastings.

No. Participants: min. 5 – max. 20

Where? At Silva Hotel Spa-Balmoral

Duration: 2 h

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## BEER / WINE MAKING CHALLENGE



Are you interested in oenology and zythology? Immerse yourself in the role of an oenologist or zythologist during a team-building session. You will either have to create wine blends as a team and then think about the marketing strategies adapted to the launch of your new vintage. Or, with the Beer Challenge, you will have to create your own beer and try to win our famous competition with your team!

No. Participants: min. 9

Where? At Silva Hotel Spa-Balmoral

Duration: 1 h 30 – 2 h

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## SPEED TASTING



Looking for an activity that combines relaxation and tasting?

Then enjoy the Speed Tasting: a fun moment during which you take part in various challenges in teams such as a quiz, an identification of aromas or blind tastings, all in a friendly atmosphere.

No. Participants: min. 6

Where? At Silva Hotel Spa-Balmoral

Duration: 1 h

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2024

# Original



- Paintball
- Einstein & Office Box
- Sensory Casino
- LEGO® Serious Play®
- Smuggling Monks
- Murder party



# ORIGINAL

## PAINTBALL



Awaken your warrior soul and come face your co-workers in the middle of the woods. On a field equipped with guard towers and protective barriers, use strategy, teamwork and courage to eliminate your opponents with air rifles firing paintballs.

No. Participants: min. 8

Where? In the area

Duration: 2 h

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## EINSTEIN & OFFICE BOX



This activity relies on connecting with one another and laying the right connections between the attributes. Break out of Einstein's workshop or out of his office which at first sight seems like there's nothing wrong with it. Or is there...? Play against the clock or other teams for extra fun and adrenaline!

No. Participants: min. 5

Where? At Silva Hotel Spa-Balmoral

Duration: 10 - 30 minutes

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## SENSORY CASINO



This is the beer, wine and savory casino, where the challenges will be many and varied. One thing's for sure: there's something for every taste and every sense. Armed with your portable logoed glass, you'll be led back and forth between the various game tables, manned by enthusiastic hosts. Let chance, memory, observation and deduction guide you to victory at this casino of the senses.

No. Participants: min. 12

Where? At Silva Hotel Spa-Balmoral

Duration: 1 h - 2 h

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# ORIGINAL

## LEGO® SERIOUS PLAY®



Explore a unique approach to team-building with LEGO® Serious Play®. This innovative method puts hands before brains, encouraging creativity and strengthening team communication. Immerse yourself in a LEGO LAB, an inspiring, fun and collaborative workshop for a memorable experience.

No. Participants: min. 10

Where? At Silva Hotel Spa-Balmoral

Duration: Half day

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## SMUGGLING MONKS



Following in the footsteps of the smuggler monks of Stavelot Abbey, this team orienteering rally, during which you will be confronted with various challenges, will make you discover the most beautiful places of this region in the company of the monks' faithful companion, the one who transported their smuggled goods: the donkey!

No. Participants: min. 15

Where? In the area

Duration: 3 h

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## MURDER PARTY



This interactive murder mystery activity is the perfect way to add a touch of mystery and intrigue to your next team-building event or corporate retreat. To solve the mystery, players will need to use observation, deduction and communication skills, and work together to crack the case. The excitement and suspense of this giant cluedo will build throughout the event, as players strive to gather clues and evidence, interrogate suspects and piece together the facts.

No. Participants: min. 6 - max. 80

Where? At Silva Hotel Spa-Balmoral

Duration: 3 h

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2024

# Wellness



- Be Cool
- Tai-Chi-Chuan
- Self-Made Cosmetics
- Body Percussion
- Laughter Yoga
- Forest Detox

# WELLNESS

## BE COOL



Be cool will enable you to disconnect, to detox digitally, to reduce stress thanks to mindfulness and the benefits of trees, to feel the authenticity of nature, but above all to share a moment of well-being with colleagues.

No. Participants: min. 5

Where? In the area

Duration: 3 h

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## TAI-CHI-CHUAN



Looking for relaxation, stress management and health? Initiate yourself to the practice of Tai-Chi-Chuan, a Chinese martial art dating back to the 12th century, which will help you to relax and find a serene spirit.

No. Participants: min. 5

Where? At Silva Hotel Spa-Balmoral

Duration: 1 h 30

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## SELF-MADE COSMETICS



Are you interested in learning how to make 100% organic cosmetics? This activity will not only give you the opportunity to learn about the benefits of natural ingredients but also to create your own 100% natural cosmetics.

No. Participants: min. 5

Where? At Silva Hotel Spa-Balmoral

Duration: Half day

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# WELLNESS

## BODY PERCUSSION



In this style of Afro-American dance, you use your own body as a musical instrument. Dance, clap and stamp and create a powerful, rhythmic dance with your team. Have fun and give yourself and the team spirit a boost.

No. Participants: min. 5

Where? At Silva Hotel Spa-Balmoral

Duration: 2 h

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## LAUGHTER YOGA



This activity is both fun and rejuvenating, allowing you to release your emotions and happy hormones – a guaranteed happiness and anti-stress effect! Laughter yoga is ideal for teambuilding, as it's a fun way to bond participants or even before an important team meeting, to create a 100% different, more creative atmosphere.

No. Participants: min. 5 – max. 20

Where? At Silva Hotel Spa-Balmoral

Duration: 45 minutes – 1 h 30

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## FOREST DETOX



This activity offers you a half-day to aerate your cells and rid yourself of physical and mental toxins. Enjoy a nature walk, with elements of mindfulness and detoxifying nutrition, followed by an indoor yoga and relaxation session, and ending with a detox soup or green juice.

No. Participants: min. 5 – max. 20

Where? In the forest near the Silva Hotel Spa-Balmoral

Duration: 3 h – 4 h 30



2024

# Sport



- Rafting
- Mountain-Bike
- Team spirit Olympic Games
- Kayak
- Climbing / Rappelling
- Caving

# SPORT

## RAFTING



Set off in a group for a rafting trip during which team spirit will be essential to coordinate your manoeuvres and stay dry... or not!

No. Participants: min. 6

Where? In the area

Duration: 1 h 30

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## MOUNTAIN-BIKE



This convivial activity, accompanied by a guide, will allow you to discover the Ardennes nature through country roads and forest paths.

No. Participants: min. 5

Where? In the area

Duration: Half day

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## TEAM SPIRIT OLYMPIC GAMES



Unleash your team's competitive spirit and encourage unity with the Team Spirit Olympics. This invigorating team-building activity (featuring biathlon, archery, baseball, rugby,...) is ideal for groups who will collaborate and compete in a variety of exciting Olympic-inspired events.

No. Participants: min. 5

Where? At Silva Hotel Spa-Balmoral

Duration: 3 h

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# SPORT

## KAYAK



Kayaking is the best way to relax with colleagues but also to enjoy the beautiful Amblève valley and discover the roaring Cascade de Coö.

No. Participants: min. 5

Where? In the area

Duration: Half day

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## CLIMBING / RAPPELLING



Do you want to grow wings and experience an unforgettable, "high" moment? Then hang on to the rocks and climb!

No. Participants: min. 10

Where? In the area

Duration: Half day

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## CAVING



Looking for adventure and thrills? Then choose this activity which will allow you to explore the depths of the earth and discover an unknown underground world!

No. Participants: min. 10

Where? In the area

Duration: Half day

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2024

# Durability



- Wind Farm
- Upcycling / Recycling
- Beekeeping Session
- Team Maraichère
- Clean Up Clash
- Wooden games



# DURABILITY

## WIND FARM



Wind Farm is a teambuilding activity focused on sustainability. Teams have to build a wind-powered device to lift a weight 1 meter off the ground. It's an activity that encourages creativity, cooperation, problem-solving and strategic thinking.

No. Participants: min. 10

Where? At Silva Hotel Spa-Balmoral or in the area

Duration: 2 h 30

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## UPCYCLING / RECYCLING



Reuse materials or waste to create something new that is valuable, durable and beautiful. Use your creativity and show your originality and who knows, you could create a new piece of furniture or decoration for your office.

No. Participants: min. 6

Where? At Silva Hotel Spa-Balmoral

Duration: Half day

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## BEEKEEPING SESSION



Put on your full-body suit and immerse yourself in the captivating world of beekeeping at the heart of the Bronromme estate. This unique experience offers much more than just an introduction to beekeeping, it's a rewarding exploration into an astonishing world packed with information.

No. Participants: min. 5 - max. 15

Where? At Domaine de Bronromme

Duration: 1 h 15

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# DURABILITY

## TEAM MARAICHÈRE



Explore permaculture on a farm immersion, discovering its ethical principles in action. Take part in hands-on activities, from caring for animals to exploring the vegetable garden. Harvest carefully grown seasonal produce, then put your culinary skills to the test in a Master Chef competition, creating a full menu from the farm's harvests.

No. Participants: min. 10 – max 22

Where? At Domaine de Bronromme

Duration: Half day

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## CLEAN UP CLASH



Take part in a team-building experience combining the environment, sustainability and fun. Clean up while taking part in interactive challenges and quizzes, stimulating environmental responsibility. Capture creative moments in photos and videos, strengthening collaboration. Unite for a positive environmental impact and a stronger team.

No. Participants: min. 10

Where? In the area

Duration: 2 h

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## WOODEN GAMES



How about getting back to the nostalgia of your childhood with wooden games? Come and enjoy some great moments of sharing and conviviality, around giant wooden games that are simple but great fun. You'll find some fifty games accessible to all ages and audiences. They have many advantages: they bring people together, use no energy other than that of the players, and encourage psychomotor skills.

No. Participants: min. 5

Where? At Silva Hotel Spa-Balmoral

Duration: min. 1 h

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# POINTS OF INTEREST FOR GROUPS AROUND THE HOTEL

Thermal baths of Spa (2 km)

Spa Casino (2 km)

Laundry Museum (2 km)

Museum of the City of Water (2.5 km)

Domaine De Bérinzenne (5 km)

Franchimont Castle (10-15 km)

Caves of Remouchamps (15-20 km)

Forestia (15-20 km)

Circuit of Spa-Francorchamps (20-25 km)

Coo cascades (21 km)



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