

2023

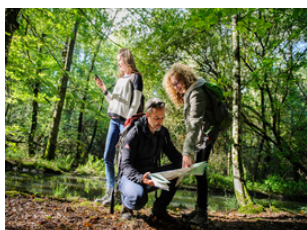
TeamBuilding Activities in the Ardennes



Thanks to a great collaboration with our different partners, Silva Hotel Spa-Balmoral has selected 33 of the best activities in the region, for great Team Building and incentives.

TEAM BUILDING ACTIVITIES

ADVENTURE



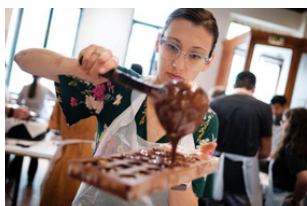
SURVIVAL & DISCOVERY DROPPING
IN & OUT : ESCAPE ROOM
E-SCOOTER DISCOVERY
RIDE DISCOVERY
TREETOP ADVENTURE COURSE
HORSE RIDING

FUN



MURDER PARTY
SOAPBOX AT FRANCORCHAMPS
WESTERN GAMES
STREET TURTLE
TEAM ROBINSON
LOOKING FOR THE BLUE PEARL

GASTRONOMY



COCKTAIL CLINIC
CHOCOLATE WORKSHOP
CATERING
COOKING CLASS
SPEED TASTING
BEER-WINE MAKING CHALLENGE

ACTIVITÉS TEAM BUILDING

ORIGINAL



PAINTBALL
HÉLICO DROPPING
5 SENSES RALLY
SNIPER ACADEMY
SMUGGLING MONKS
BE ALPHA

WELLNESS



BE ALPHA
TAI-CHI-CHUAN
SELF-MADE COSMETICS

SPORT



RAFTING
MOUNTAIN-BIKE
TEAM TRACKER
KAYAK
CLIMBING / RAPPELLING
CAVING

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Florine Bamba : +32-87-79.32.52 or florine.bamba@silvahotel.be

Laura Charbonel : +32-87-79.32.54 or laura.charbonele@silvahotel.be

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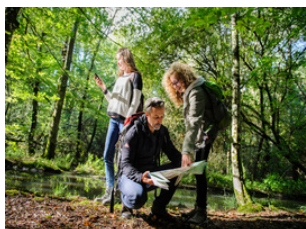
Adventure



- Survival & Discovery Dropping
- In & Out : Escape Room
- E-Scooter Discovery
- Ride Discovery
- Treetop Adventure Course
- Horse Riding

AVENTURE

SURVIVAL & DISCOVERY DROPPING



Looking for adventure and challenge? Choose an orientation walk with only a map and a compass. During your adventure, you will come across two team-building stands where you will have to build a raft as strong as possible in order to cross the lake and recover the missing map, and then blindly taste abbey beers and cheeses with a Trappist monk.

The winning team will be rewarded with a cup.

No. Participants: min. 12

Where? In the area

Duration: 2 hours

IN & OUT : ESCAPE ROOM



The most communicative event that promotes teamwork and trust between colleagues. Test your ability to work together and complete this challenge, which is quite different from the ones you normally encounter in the workplace!

No. Participants: min. 6

Where? In the area

Duration: 1 hour

E-SCOOTER DISCOVERY



Let's go for a superb "off-road" discovery of the Spa-Francorchamps circuit. Steep paths and crossing for a 100% Adrenaline moment on 2 wheels. As part of the "Dirty at Spa Francorchamps" programme, E-Scooter Discovery can be combined with other activities such as the Paddock Backstage Tour or the Pit Stop.

No. Participants: min. 1

Where? In the area

Duration: 1 hour

ADVENTURE

RIDE DISCOVERY



Get on a two-wheeler and take a ride through the countryside for over 2 hours. Follow the guides on winding paths through the forests. Dare to ride routes ranging from the very easy to the more technical. And disconnect, to reconnect with nature. A dose of sport and challenge that will give you a boost and put a smile on your face.

No. Participants: min. 1

Where? In the area

Duration: 2 hours

TREETOP ADVENTURE COURSE



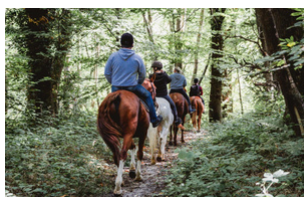
Do you want to be amazed by nature and discover unique sensations? This activity is perfect for enjoying nature to the full and discovering the canopy of the Ardennes forests. Tree Climbing is a sporting activity requiring a little physical effort but accessible to all.

No. Participants: min. 1

Where? In the area

Duration: 2.5 - 3 hours

HORSE RIDING



Who hasn't dreamt of being at one with their horse and riding off into the sunset singing "I'm a poor lonesome cowboy"? Whether your team is made up of experienced riders or not, the ride is accessible to all and offers a very nice moment in the deep Ardennes.

No. Participants: min. 1

Where? In the area

Duration: Half day

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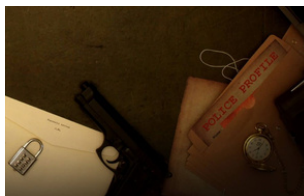
Fun



- Murder Party
- Soap Box in Francorchamps
- Western Games
- Street Turtle
- Team Robinson
- Looking for the Blue Pearl

FUN

MURDER PARTY



Get ready to "dust off" your detective skills and test your problem-solving abilities with our interactive murder mystery evening experience. This exciting event is the perfect way to add a touch of mystery and intrigue to your next corporate event.

No. Participants: min. 6

Where? Silva Hotel Spa Balmoral

Duration: 3 hours

SOAP BOX IN FRANCORCHAMPS



This exciting team building event is designed to push the boundaries of creativity and collaboration between all participants. Your team will be responsible for customising your go-cars and creating a unique race track with the guidance of our instructors. Moreover, our jury will also evaluate your team's teamwork and communication skills throughout the challenge.

No. Participants: min. 6

Where? In the area

Duration: 3 hours

WESTERN GAMES



Are you passionate about the Wild West and want to experience it? Then Western Games are made for you. This exciting team building activity is perfect for groups, who will work together to compete in a variety of authentic cowboy games.

No. Participants: min. 12

Where? In the area

Duration: One day

FUN

STREET TURTLE



Take part in a timed relay race on a safe track with these mini karts. The low position, combined with its joystick control and small engine make it a toy for adults that will delight everyone. Fun and sensations guaranteed!

No. Participants: min. 1

Where? In the area

Duration: Half day

TEAM ROBINSON



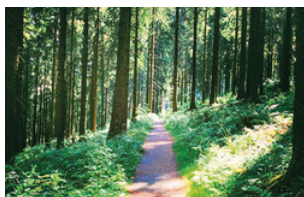
Are you passionate about Koh-Lanta, adventure and challenges? Then "Team Robinson" is for you! You start on an island at dawn where you create an identity, a camp and carry out a series of challenges that will underline the importance of each camp member.

No. Participants: min. 8

Where? In the area

Duration: One day

LOOKING FOR THE BLUE PEARL



In an "adventure & discovery" atmosphere, discover the city of Spa, its forests and its different mineral water sources thanks to a rally based on the discovery of a hidden treasure. This original teambuilding activity is based on fun, communication and team spirit.

No. Participants: min. 8

Where? In the area

Duration: One day

2023

Gastronomy



- Cocktail Clinic
- Chocolate Workshop
- Catering
- Cooking Class
- Beer / Wine Making Challenge
- Speed Tasting

GASTRONOMY

COCKTAIL CLINIC



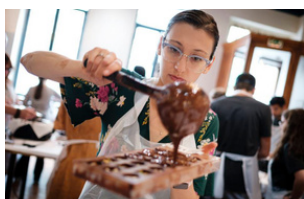
Shake and serve... anyone can do it. With the the basics of cocktail shaking, the right ingredients and delicious recipes, you'll be serving up 3 delicious self-made cocktails in no time.

No. Participants: min. 10

Where? Silva Hotel Spa Balmoral

Duration: 1.5 hours

CHOCOLATE WORKSHOP



You will learn how to handle the pastry bag, pour the chocolate into the moulds or onto the marble, filling and unmoulding. At the end of the activity, you will pack your creations and leave with them!

No. Participants: min. 12

Where? Silva Hotel Spa Balmoral

Duration: 1.5 - 2 hours

CATERING



Are you looking for culinary surprises and surprises in a beautiful setting? Catering is the activity that makes all your wishes come true and makes you live great moments.

No. Participants: min. 10

Where? In the area

Duration: 2.5 hours

GASTRONOMY

COOKING CLASS



Do you want to discover the chef in you? Then join a chef's brigade and, depending on the concept chosen, you will be in charge of preparing part or all of a menu, as well as the complete organisation of a meal.

No. Participants: min. 10

Where? In the area

Duration: 3 hours

WINE / BEER MAKING CHALLENGE



Are you interested in oenology and zythology? Immerse yourself in the role of an oenologist or zythologist during a team-building session. You will either have to create wine blends as a team and then think about the marketing strategies adapted to the launch of your new vintage. Or, with the Beer Challenge, you will have to create your own beer and try to win our famous competition with your team!

No. Participants: min. 9

Where? Silva Hotel Spa Balmoral

Duration: 1.5 - 2 hours

SPEED TASTING



Would you like an activity that combines relaxation and tasting? Then take advantage of the Speed Tasting: a playful moment during which you take part in various challenges in teams such as a quiz, an identification of aromas or blind tastings, all in a friendly atmosphere.

No. Participants: min. 6

Where? Silva Hotel Spa Balmoral

Duration: 1 hour

2023

Original



- Hélico Dropping
- Paintball
- 5 Senses Rally
- Sniper Academy
- Smuggling Monks
- Be Alpha

ORIGINAL

PAINTBALL



Awaken your warrior soul and come face your co-workers in the middle of the woods. On a field equipped with guard towers and protective barriers, use strategy, teamwork and courage to eliminate your opponents with air rifles firing paintballs.

No. Participants: min. 8

Where? In the area

Duration: 2 hours

HÉLICO DROPPING



Interested in an atypical, sporty and fun orienteering walk? Then opt for Helicopter Dropping! After a breakdown during your bus trip, a helicopter offers its services and transports you to an unknown place. From there, your goal is to reach the meeting point with the help of a map and a compass.

No. Participants: min. 10

Where? In the area

Duration: 1 day

5 SENSES RALLY



Want to go for a ride and challenge your 5 senses? Then the 5 Senses Rally is made for you! This team orienteering rally, based on the theme of the 5 senses, will not only allow you to discover the most beautiful places in our region but will also strengthen the cohesion within your group by developing team spirit and communication during this very relaxed activity.

No. Participants: min. 1

Where? In the area

Duration: Half day

ORIGINAL

SNIPER ACADEMY



Would you like to learn various shooting techniques and throws? Then choose the Sniper Academy activity where the instructor will guide you through each technique before starting an inter-disciplinary competition at the end of which the three best shooters will be awarded medals.

No. Participants: min. 1

Where? In the area or at Silva Hotel Spa Balmoral

Duration: 2 hours

SMUGGLING MONKS



Following in the footsteps of the smuggler monks of Stavelot Abbey, this team orienteering rally, during which you will be confronted with various challenges, will make you discover the most beautiful places of this region in the company of the monks' faithful companion, the one who transported their smuggled goods: the donkey!

No. Participants: min. 15

Where? In the area

Duration: 3 hours

BE ALPHA



Do you want to relax and have fun in the middle of nature, far from any technology? Then BeAlpha is what you need. BeAlpha will offer you various activities, linked to nature, with the aim of increasing benevolence and collaboration, improving identification with the company or increasing creativity.

No. Participants: min. 1

Where? In the area

Duration: Half day or full day

2023

Wellness



- Be Alpha
- Tai-Chi-Chuan
- Self-Made Cosmetics

WELLNESS

BEALPHA



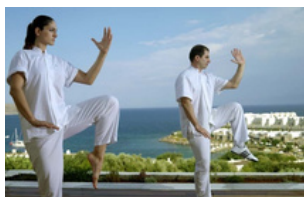
Do you want to relax and disconnect in the middle of nature, far from any stress? Then BeAlpha is the solution for you. BeAlpha will offer you various activities to get you out of that stressful atmosphere thanks to the benefits of nature.

No. Participants: min. 1

Where? In the area

Duration: Half day or full day

TAI-CHI-CHUAN



Looking for relaxation, stress management and health? Initiate yourself to the practice of Tai-Chi-Chuan, a Chinese martial art dating back to the 12th century, which will help you to relax and find a serene spirit.

No. Participants: min. 6

Where? Silva Hotel Spa Balmoral

Duration: 1.5 hours

SELF-MADE COSMETICS



Are you interested in learning how to make 100% organic cosmetics? This activity will not only give you the opportunity to learn about the benefits of natural ingredients but also to create your own 100% natural cosmetics.

No. Participants: min. 2

Where? Silva Hotel Spa Balmoral or in the area

Duration: Half day

2023

Sport



- Rafting
- Mountain-Bike
- Team-Tracker
- Kayak
- Climbing / Rappelling
- Caving

SPORT

RAFTING



Set off in a group for a rafting trip during which team spirit will be essential to coordinate your manoeuvres and stay dry... or not!

No. Participants: min. 6

Where? In the area

Duration: 1.5 hours

MOUNTAIN-BIKE



This convivial activity, accompanied by a guide, will allow you to discover the Ardennes nature through country roads and forest paths.

No. Participants: min. 1

Where? In the region

Duration: Half day

TEAM TRACKER



Team Tracker is a radio relay race in pairs where the two entities of the same team, the head and the legs, cannot win without each other. The objective of the Trackers is to communicate successive coordinates to the X-plorers so that they can return to camp as quickly as possible. Needless to say, communication, stress management and group cohesion will be key to success.

No. Participants: min. 6

Where? In the area

Duration: 2.5 hours

SPORT

KAYAK



Kayaking is the best way to relax with colleagues but also to enjoy the beautiful Amblève valley and discover the roaring Cascade de Coö.

No. Participants: min. 1

Where? In the area

Duration: Half day

CLIMBING / RAPPELLING



Do you want to grow wings and experience an unforgettable, "high" moment? Then hang on to the rocks and climb!

No. Participants: min. 10

Where? In the area

Duration: Half day

CAVING



Looking for adventure and thrills? Then choose this activity which will allow you to explore the depths of the earth and discover an unknown underground world!

No. Participants: min. 10

Where? In the area

Duration: Half day

POINTS OF INTEREST FOR GROUPS AROUND THE HOTEL

Thermal baths of Spa (2 km)

Spa Casino (2 km)

Domaine De Bérinzenne (5 km)

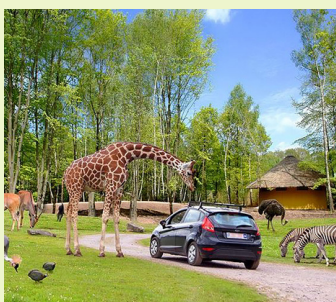
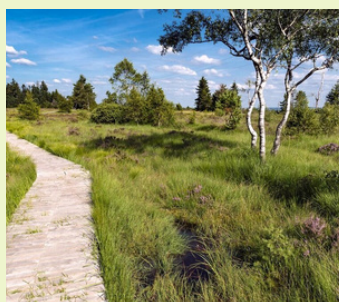
Franchimont Castle (10-15 km)

Caves of Rémouchamps (15-20 km)

Forestia (15-20 km)

Circuit of Spa-Francorchamps (20-25 km)

Wild World Safari (20-25 km)



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Florine Bamba : +32-87-79.32.52 or florine.bamba@silvahotel.be

Laura Charbonel : +32-87-79.32.54 or laura.charbone@silvahotel.be